

# URBAN MRKT

June 23<sup>rd</sup> – June 27<sup>th</sup>

## Dining Hours

Breakfast - 7:00a.m.-10:00a.m.

Lunch - 11:00 a.m. -2:00 p.m.

Grab & Go Available All-Day Monday 7am-Friday 2pm

**Restaurant Associates**

HOSPITALITY EXCELLENCE  
PREMIER CLIENTS

BREAKFAST MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALAD BAR	Fresh Cut Fruit, Low Fat Yogurt, Granola, Selection of Bagels, Muffins, Danish				
MADE TO ORDER OMELETS *	Create Your Own Omelet & Hashbrown Skillet				
CHALKBOARD GRILL	Buttermilk Pancakes Made to Order Breakfast Sandwiches Breakfast Tacos Eggs (any style) Weekly Special  Sides : Hash Browns, Bacon, Sausage Patties & Links  Special: Nutella-Banana Pancakes				
KITCHEN TABLE	Hot Breakfast Bar Scrambled Eggs, Potatoes, Daily Special (Below), Vegetable, Pork Sausage				
	French Toast Bake with Pecans	Biscuits & Gravy	Quinoa & Eggs with Asparagus, Peas & Herbs	Smokey Tofu Scramble with Garlic Chili Oil	Chilaquiles
LADLE	Classic Oatmeal Citrus Mango Oatmeal Grits	Classic Oatmeal Strawberry Coconut Oatmeal Grits	Classic Oatmeal Banana Chia Oatmeal Grits	Classic Oatmeal Raspberry Lemon Oatmeal Grits	Classic Oatmeal Blueberry Bourbon Oatmeal Grits
GRAB & GO	Assortment of Ready-to-Eat Breakfast Sandwiches & Warm Breakfast Pastries				

LUNCH MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHALKBOARD GRILL & SMASHBURGER	Smash Burgers, Grilled Chicken Sandwich, House-Made Veggie Burger, Chicken Tenders, JPMC Crispy Chicken Sandwich Sides : Fries, Onion Rings, Sweet Potato Fries, Carrots & Celery				
KITCHEN TABLE	<u>Global Grains</u>  French Lentils (V)  Garlic-Ginger Wheat Berries (V)  Sauteed Spinach and Mushrooms (V)  Sumac-Roasted Cauliflower  Za'atar Roasted Eggplant and Zucchini (V)	<u>Trattoria</u>  Gemelli Primavera (V)  Lemon Spinach Orzo with Blistered Cherry Tomato (V)  "Giardiniera" Vegetables (V)  Chicken Limon  Italian Sausage and Kale	<u>Katura</u>  Basmati Rice (V)  Aloo Gobi (V) (Potato Cauliflower Curry)  Beef Kheema  Naan (VT)	<u>Picnic</u>  Warm Potato Salad  Spicy Mac & Cheese (VT)  Corn on the Cob (V)  Charred Garlic Broccolini (V)  Baked BBQ Chicken	<u>Dawg House</u>  Poppyseed Buns (VT)  All-Beef Hot Dogs  Beef Chili  Cheddar Cheese Sauce  Fries
LADLE	Red Pepper Gouda (VT) Chicken Gumbo Turkey Chili	Tomato Basil Bisque (VT) Chicken Dumpling Beef Chili	Curried Lentil with Rice (VT) Beef Barley Chicken Chili	Garden Vegetable (VT) Chicken Noodle Soup Pork Chili	Chicken Tortilla Cream of Potato with Ham Vegetable Chili (V)
DELI	Made to Order Sandwiches Special: Southwest Chicken Sandwich Sides : House Chips, Coleslaw, Potato Salad, Pasta Salad, Carrots & Celery				
AL FORNO	Hand Tossed Pizza, Calzones, Lasagna, and Side Salads				
LA COCINA	Burritos, Bowls, Salads and Tacos				
STIR FRY	Mixed Vegetables, Choice of Rice or Noodle Base, Choice of Protein, Add a Sauce				
THE COUNTER	<b>The Urban:</b> Roast Turkey, Swiss, Bacon, Thousand Island, Coleslaw, Multigrain <b>The Tuscan:</b> Grilled Chicken, Provolone, Roasted Red Pepper, Spinach, Pesto Mayo, Ciabatta <b>The Pilsen:</b> Chicken Cutlet, Cheddar, Pepper Jack, Salsa Verde, Chipotle Mayo, Wheat Wrap <b>The Scarface:</b> Capicola, Soppressata, Ham, Provolone, Giardiniera, Herb – Garlic Aioli, Tomato, Red Onion, Olive Tapenade, Sesame Baguette <b>The Jamon:</b> Honey Ham, Swiss, Dijonaise, Dill Pickles, Croissant <b>The Gril Cheese (VT):</b> Brie, Herb Havarti, Fontina, Smoked Cheddar, Heirloom Tomato, Red Onion, Fig Jam, Sourdough <b>Carved Sandwich Special:</b> Citrus Roast Turkey Club, Bacon, White Cheddar, Avocado Mayo, Lettuce, Tomato, Bavarian Rye				
BARBANZO	Build-Your-Own Mediterranean Bowls with Choice of Grains, Proteins, and Toppings				
SALAD BAR	An Array of Fresh Seasonal Vegetables with Toppings and Dressings Featured Section: Pride Month Celebrating LGBTQ+ Chefs				